

Additional Items

- ✓ At least a week-long supply of prescription medicines
- ✓ A list of all medications, dosage, and any allergies
- ✓ Extra eyeglasses
- ✓ Extra hearing aid batteries
- ✓ Extra wheelchair batteries (or a manual wheelchair if possible)
- ✓ Oxygen
- ✓ A list of the style and serial number of medical devices (include special instructions for operating your equipment if needed)
- ✓ Copies of medical insurance and Medicare cards
- ✓ Contact information for doctors, relatives or friends who should be notified if you are hurt
- ✓ Pet food, extra water, collar with ID tag, medical records, and other supplies for your service animal

Jackson County:

Emergency Management
5179 Crater Lake Hwy.
Central Point, OR 97502
(541) 774-6790
EM@jacksoncounty.org

Josephine County:

Emergency Management
500 NW 6th St. Dept. 6
Grants Pass, OR 97526
(541) 474-5300
jhall@co.josephine.or.us



Tips for People with Speech Limitations

- If you use an augmentative communications device or other assistive technologies, plan how you will evacuate with the devices or how you will replace equipment if it is lost or destroyed.
- Keep model information and note where the equipment came from (Medicaid, Medicare, private insurance, etc.).
- Plan how you will communicate with others if your equipment is not working, including laminated cards with phrases and/or pictograms.

Evacuation Plan

- Make a plan, and be sure everyone in your family understands it.
- Assign tasks to each family member for what to do during these evacuations:
Level 1 (Ready)
Level 2 (Set)
Level 3 (GO!)
- Have an evacuation plan for your pets and livestock. If it isn't safe for you, it's not safe for them.
- Designate a meeting place – this could be a friend or family member's house, or an evacuation shelter.
- Choose an out-of-the-area contact person to relay information about your welfare to family and friends and to keep your phone lines open.



Creative Supports, Inc.

Self-Determination for Adults with Developmental Disabilities

541-864-1673

Serving adults with intellectual and developmental disabilities in Jackson and Josephine Counties for over 15 years.

EMERGENCY PREPAREDNESS



In the event of an emergency in your area, you may be asked to evacuate or shelter in place. It's important to understand the different levels of evacuation and what they mean for you, your family, your pets, and your home.

It is also important to be ready to leave your home at a moment's notice or be able to shelter in place for several days. Local TV and radio stations will broadcast periodic updates.

Incident information is also available at:
www.jacksoncountyor.org/emergency
www.co.josephine.or.us/em



Basic Preparedness Supplies Kit

It's best practice to store items in airtight plastic bags and put your entire disaster supplies kit in one or two easy-to-carry containers such as plastic bins or a duffel bag.

- ✓ Water and non-perishable food for several days
- ✓ Extra cell phone battery or charger
- ✓ Battery-powered or hand-crank radio that can receive
- ✓ NOAA Weather Radio tone alerts and extra batteries Flashlight and extra batteries
- ✓ First aid kit
- ✓ Whistle to signal for help
- ✓ Mask that says NIOSH followed by N95 or P100
- ✓ Moist towelettes, garbage bags, and plastic ties for personal sanitation
- ✓ Non-sparking wrench or pliers to turn off utilities
- ✓ Can opener (if kit contains canned food)
- ✓ Local maps



Tips for People Affected by Mobility Limitations

- If you use a power wheelchair have a lightweight manual chair available as a backup if possible.
- Purchase an extra battery for a power wheelchair or other battery-operated medical or assistive technology devices. If you can't purchase an extra battery, find out what agencies, organizations or local charitable groups can help you buy one. Keep extra batteries on a trickle charger at all times.
- Consider keeping a patch kit or can of sealant for flat tires and/or extra inner tube if wheelchair or scooter is not puncture-proof.
- Keep an extra mobility device such as a cane or walker if you use one.
- Keep a portable air pump for wheelchair tires.
- If you use a seat cushion to protect your skin or maintain your balance and you must evacuate, have an extra cushion to take with you.



Tips for People Who are Deaf or Hard of Hearing

- ✓ A weather radio (with text display and a flashing alert)
- ✓ Extra hearing-aid batteries
- ✓ Pen and paper (in case you have to communicate with someone who does not know sign language)



Tips for People Who are Blind or Have Low Vision

- Mark emergency supplies with Braille labels or large print.
- Keep a list of your emergency supplies and where you bought them on a portable flash drive or make an audio file that is kept in a safe place where you can access it.
- Keep communication devices for your particular needs, such as a Braille or deaf-blind communications device as part of your emergency supply kit.



Tips for Individuals affected by Sensory Disabilities

(including Autism Spectrum Disorder)

- ✓ Handheld electronic devices (loaded with movies and games)
- ✓ Spare chargers
- ✓ Sheets and twine or a small pop up tent (to decrease visual stimulation in a busy room or to provide instant privacy)
- ✓ Headphones (to decrease auditory distractions)
- ✓ Comfort snacks

